

Troop 1571 Backpacking Overnight Gear List

Ten Essentials:

1. Pocketknife (or Multi-Tool)
2. First aid kit (one per patrol)
3. Extra clothing (plan accordingly per weather)
4. Rain gear
5. Water bottle
6. Flashlight (or Headlight)
7. Trail food
8. Matches and fire starters
9. Sun protection
10. Map and compass (map may be provided)

Pack:

- Sleeping Bag
- Sleeping pad
- Groundsheet (something to put down on ground to keep sleeping bag dry and clean)
- Hat (for sun and rain)
- Change of underwear (one per day)
- Change of socks (one pair per day)
- Pajamas (shorts & T-Shirt will work)
- Extra clothes (Extra trousers not required for one overnight. Dry T-shirt is recommended)
- Mess Kit: Plate, bowl, cup, knife, spoon, fork
- Toothbrush/toothpaste
- Soap, Wash Cloth, Towel
- Toilet Paper

Patrol Equipment:

- Tent (two man)
- One-burner stove and fuel
- Cooking Pots

What to wear:

- Troop 1571 travels to and from camping in **Class B** uniform *(unless otherwise specified)*
- Good hiking boots (loose tennis shoes don't count)
- Hiking socks (good hiking socks are synthetic or silk; they don't cause blisters)
- Layers (if it's cool; don't wear one big coat, wear a bunch of lighter layers)
- Avoid cotton (if it is raining, "cotton is rotten")
- Loose fitting clothes that breath

Notes:

1. A well-fitting backpack is essential.
2. Waterproof your pack by putting a garbage bag inside your pack. Place your extra clothes in Zip-Loc bags; this will keep your gear dry in case your pack or bag gets rained on.
3. Line your sleeping bag stuff sack with a garbage bag, then stuff your sleeping bag into the garbage bag; this will keep your sleeping bag dry.
4. **DO NOT CARRY ANYTHING YOU DO NOT NEED!!!**